3G Fire Protection & Security

www.3gfireprotection.com

3G Fire Protection & Security

In association with

INTERNATIONAL HEALTH & SAFETY SOLUTIONS

nebosh Accredited Centre 849

MEDIC First Aid

Sales Service

GULF BANGLA

NEBOSH INTERNATIONAL GENERAL CERTIFICATE IN OCCUPATIONAL HEALTH & SAFETY

3G Fire Protection & Security in association with International Health & Safety Solutions, offer you a qualification that is a competency personified & is much in demand worldwide.

IHSS is a multilocational training organization with established operational presence across India, Philippines, Malaysia & Qatar. Our tutors are recognized trainers par excellence with years of rich training expertise across the globe. We believe in understanding your learning needs & in our highly interactive sessions you will find a tranquil & stress free learning atmosphere.

We excel in risk management solutions comprising of workplace inspections, safety training, behaviour modification and health & safety program development. Our services are designed to control, reduce, and eliminate injuries and property damage that impact our customers' loss performance and profitability. We possess a wide array of business solutions derived from industry best practices & international codes & standards that help us achieve a committed & customer-focused goal. Our instructors are certified on Scott make Self Contained Breathing apparatus from Qatar, Confined space Rescue, High angle rescue from COTR Canada.

We are an accredited course provider for Nebosh IGC, UK & Medic First Aid, USA.

NEBOSH International General Certificate in Occupational Health & safety

NEBOSH (National Examination Board in Occupational Safety and Health) is a UK-based independent examining board delivering vocational qualifications in health, safety & environmental practice and management. It was founded in 1979 and offers a range of qualifications from introductory to professional level. Around 180,000 people worldwide hold a NEBOSH qualification. Courses leading to NEBOSH qualifications attract candidates worldwide and are offered by over 400 Course Providers in 83 countries around the world.

This qualification is very useful for Managers, supervisors and employees who require a broad knowledge and understanding of health and safety principles and practices. The qualification focuses on international standards and management systems, enabling candidates to effectively discharge workplace health and safety responsibilities in any employment sector, in all parts of the world. The NEBOSH International General Certificate is also suitable for those embarking on a career in health and safety, providing a sound basis for progression on to the NEBOSH International Diploma.

The Nebosh International General Certificate has no prior learning requirements. Since the subject matter is technical & is taught in English it is expected that candidates should be able to reproduce technically correct answers in English language.

The Course duration is 10 days of interactive face to face classes & 01 day of examination. Candidates are assessed by two written examinations and a practical assessment. The practical assessment checks your ability to put into practice the knowledge gained during the course.

COURSE CONTENT

- *Foundations in health and safety*
- *Policy*
- *organizing for health and safety*
- *Promoting a positive health and safety culture*
- *Risk assessment*
- *Principles of control*
- *Monitoring, review and audit*
- *Incident and accident investigation, recording and reporting*
- *Movement of people and vehicles – hazards and control*
- *Manual and mechanical handling – hazards and control*
- *Work equipment – hazards and control*
- *Electrical hazards and control*
- *Fire hazards and control*
- *Chemical and biological health hazards and control*
- *Physical and psychological health hazards and control*
- *Construction activities – hazards and control*

Being a certified Medic First Aid and CPR Provider

When an emergency strikes, it is by far the person who is well prepared & suitably trained would be able to respond in a calm & effective manner to culminate the emergency. The situation becomes more demanding when your loved ones are involved. In fact, you could be the good Samaritan at a public place & help fellow human beings in distress.

We provide various Medic First aid training programs as evaluated suitable to the trainee & his workplace. Our program structure is designed in a manner to deliver an easy to understand & an effective learning process. To achieve this we use audio video training aids like video sessions, classroom scenarios as well as case studies. The training will help you to develop your skills & reinforces your confidence in handling the medical emergencies in the best possible manner. We believe in providing you a ready recknor in the form of a wallet skill guide.

Course Curriculum

• Emergency First Aid Care	• Recognizing an Emergency
• Deciding to Help Using Barriers	• Personal Safety Assessing for Response
• Mechanism for Spinal Injury	• Activating Emergency Medical Services (EMS)
• Basic Life-Supporting Skills	• Airway Head-Tilt, Chin-Lift
• Clearing the Airway Log Roll	• Protecting the Airway Recovery Position
• Breathing Ventilations Mask/Shield	• Circulation Chest Compressions
• Initial Assessment	• Unresponsive Patient
• CPR for Cardiac Arrest	• Sudden Cardiac Arrest Using an AED
• Control of Bleeding	• Managing Shock
• Choking Warning Signs of Serious Illness	• Ongoing Assessment Altered Level of • Responsiveness
• Pain, Severe Pressure, or Discomfort in Chest	• Breathing Difficulty, Shortness of Breath
• Severe Abdominal Pain	• Mechanism for Significant Injury
• Swollen, Painful, Deformed Limb	• Specific First Aid Problems
• Moving Patients Moving Patients	• Emotional Impact of Providing First Aid Care

***Duration**: Typically up to 6 hours with breaks.*

***Post course Evaluation**: our instructors would evaluate your understanding of the taught subjects by means of an objective knowledge level questions & skill demonstration on our manikin.*

***Certification**: Upon your successful course completion, we would provide you the Medic First Aid, USA certificate in a convenient to carry wallet card.*

Medic First Aid Courses offered by IHSS

Basic, Care plus, Blood Borne Pathogens, Emergency Oxygen use.

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Welcome to a Healthier, Safer & a progressive tomorrow.